

## *Dr Christian Supersize Vs Superskinny*







### **Dr Christian Supersize Vs Superskinny**

Supersize vs Superskinny is a British television programme on Channel 4 that features information about dieting and extreme eating lifestyles. One of the main show features is a weekly comparison between an overweight person, and an underweight person. The two are brought to a feeding clinic, and live together for five days (later on two days), swapping diets all supervised by Dr Christian Jessen.

### **Supersize vs Superskinny - Wikipedia**

Christian Spencer Jessen (born 4 March 1977) is a British physician, television presenter and writer, best known for presenting Channel 4 programmes such as Embarrassing Bodies (2007–2015) and Supersize vs Superskinny (2008–2014).

### **Christian Jessen - Wikipedia**

He specifically specializes in HIV and Malaria, and also dedicates a large portion of his time to helping people in third world countries and also in the first world. He does a beautiful job of helping both severely under/over weight people and alerting them of the damage their doing without making ...

### **Christian-Jessen | Tumblr**

'I felt a spark of interest - there was something in the air': Anna Richardson on the moment she realised she had feelings for girlfriend Sue Perkins

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